

123 W BROAD ST RVA 23220 804.308.3605

@barsolitarva

20% gratuity is added to tables of 6+

Papas Bravas 10 | VO crispy fried potatoes topped with spiced tomato aioli

**Crispy Brussels** 10 | VO fried brussels with roasted red peppers + onions, finished with balsamic + parmesan

**Birria Eggrolls** 12 braised beef + blend of cheeses with hot honey + crema

Gambas al Ajillo 14 | GFO shrimp coated in garlic and butter with smoky hints of paprika + a touch of sweetness \*

Crispy Zucchini 10 panko crusted zucchini with lemon aioli + parmesan

Mussels 16 | GFO simmered in a white wine, lemongrass + coconut broth with cherry bomb peppers \*

Lamb Lollipops 17 lamb lollipops with a Moroccan chermoula sauce + sliced bread

Beef Tacos 13 grilled beef, onions, cilantro + tomatillo salsa on corn tortillas

## Ceviche 15

fish, shrimp, red onion + sweet potato in a sauce made from lime juice, calabrian peppers, ginger, celery + salt with fried tortillas \*

Salmon Fritters 14 crispy fried salmon fritters with remoulade

Spinach + Artichoke Dip 12 creamy spinach + artichoke dip finished with toasted bread crumbs + served with crispy pita

Mozzarella Sticks 10 house breaded with marinara sauce on the side

Whipped Feta 11 whipped feta, house spices, hot honey + pistachios served with tomato jam and sliced bread

Harissa Wings 13 six wings, tossed in house made honey harrissa pepper sauce

Hummus & Pita 10 | V crispy pita, roasted red pepper hummus, smoked paprika + garlic oil

Meat & Cheese Board 24 | P rotating variety of meats and cheeses, served with whole grain mustard, grapes, dried fruits, olives with pits, cornichons + sliced bread

## Filet Mignon 36 | GF

6 oz medium rare filet mignon with a veal demi-glace, mashed potatoes + parmesan asparagus \*

Mahi Mahi 27 | GF grilled mahi with jalapeno + a honey cilantro sauce over yellow rice + green beans \*

Mediterranean Chicken 24 | GFO marinated and grilled chicken, seasonal veggies, yellow rice + feta with a drizzle of tzatziki served with a side pita

Lemon Pepper Salmon 27 | GF salmon with a lemon pepper sauce over mashed potatoes + parmesan asparagus \* **Eggplant Parmesan** 19 breaded eggplant, mozzarella, marinara, linguine with gremolata sauce + parmesan

Spaghetti Bolognese 22 spaghetti with house-made meat sauce

Shrimp Scampi 26 linquine, shrimp, garlic, onion + lemon \*

Four Cheese Ravioli 17 creamy basil pesto sauce + roasted red peppers

Pancetta Chicken Alfredo 20 | P linguine, marinated chicken, green peas, crispy pancetta + creamy alfredo sauce

# House Salad 11

mixed greens, tomato, roasted red pepper, onion, cucumber + house made herb croutons with tahini dressing

## Caesar Salad 11

romaine lettuce with house made herb croutons, parmesan + Caesar dressing

### Chicken Spinach Salad 13 | P | GF

pulled chicken, bacon, roasted red pepper, pickled red onion, roasted chickpeas, feta + apple cider vinaigrette

### Arugula Salad 11 | VO

arugula, olive oil, lemon juice, parmesan + cracked black pepper

# **PROTEIN ADD ONS**

chicken	6	salmon	9
falafel	6	steak	9
shrimp	7	mahi mahi	9

GF - Gluten Free | GFO - Gluten Free Optional
V - Vegan | VO - Vegan Optional
N - Nuts | P - Pork

# Prosciutto Caprese 16 | P

prosciutto, mozzarella, tomato, arugula, pesto aioli +balsamic glaze drizzle on toasted foccacia

## Falafel Pita Wrap 13 | V

housemade falafel, tzatziki, arugula, cucumber, tomato + spicy tahini sauce wrapped in a warm pita

## Cauliflower Shawarma 15 | V

roasted cauliflower, radish, pickled red onion, cherry tomato, lettuce + harrissa hummus in a warm pita + tzatziki

## Steak Caesar Wrap 14

grilled sirloin, parmesan, tomato, red onion, romaine + Caesar dressing

## Solita Burger Doubles 15 | P

two small burgers with monterey jack, bacon jam, arugula, red onion, tomato, avocado + spicy tomato aioli

make it vegetarian - sub falafel and remove the bacon jam | 1

SALADS